



## ESSENTIALS OF THE TEACHINGS *of the ASCENDED MASTERS®* Program

The times listed for this event are for Mountain Time USA.  
Please adjust times to your location.

**TUESDAY, JUNE 29**

- 2:00 pm**      **Welcome to Our Journey to the Heart of Maitreya Buddha**
- 2:30 pm**      **Presentation:**  
**The Path of Heart: Entering the Heart of Maitreya**  
-- Janet Nordemann  
*The heart is the seat of higher consciousness and of the Three-fold Flame. We experience Maitreya's love and wisdom through the heart. Discover how to have a deeper heart connection with Maitreya and your own Divine Presence.*
- 3:20 pm**      **Break**
- 3:30 pm**      **Presentation:**  
**Becoming a Conscious Creator with God:**  
**Overcoming Fear by the Science of the Spoken Word**  
-- Carla Healy  
*We are consciously or unconsciously using God's energy all the time to create our circumstances and consciousness through our thought and feeling. Our creations can be beautiful and a blessing to life or cause pain and suffering. Maitreya teaches that the Science of the Spoken Word is the most efficacious way to remove fear and every discouraging condition.*

4:25 pm            **Break**

4:35 pm            **Presentation:**  
**Introducing Members of the Spiritual Hierarchy:**  
**The Members of the Karmic Board**  
**How to Write a Petition to the Karmic Board**  
– Pamela Arnold

4:50 pm            *Special Teaching of the Ascended Masters*  
**A Dictation by the Goddess of Liberty**  
**“No Other Concept but Victory for This Age”**  
Delivered by the Messenger Elizabeth Clare Prophet, July 4, 1995  
*Pearls of Wisdom*®, vol. 47, no. 17, April 25, 2004

5:30 pm            **Dinner Break**

### *Tuesday Evening*

7:00 pm            **Darshan with the Messenger Elizabeth Clare Prophet**  
**“The Guru-Chela Relationship Under the Ascended Masters and the Lords of the Seven Rays”** July 3, 1978 (excerpt)  
*The relationship that we seek as a chela (or disciple) to the guru is one that we seek above all others because it is the open door to our oneness with God. The Lords of the Seven Rays prepare us until we are finally qualified to be assigned to the personal guru who will take us all the way to the victory of our ascension. Learn about this opportunity par excellence for chelaship with the ascended masters.*

8:10 pm            **Break**

8:20 pm            **Presentation:**  
**Lord Maitreya, Cosmic Christ and Planetary Buddha**  
-- Lois Drake  
*How well do you know Lord Maitreya? Discover the many faces of Maitreya, who teaches us the path of individual Christhood leading to Buddhahood. Maitreya taught Jesus this same path two thousand years ago. Discover how much he loves us and what is in this Laughing Buddha’s bag.*

9:20 pm            **Concluding Comments**

9:30 pm            **Evening Prayer and Closing of the Session**

## Wednesday, June 29

- 2:00 pm**            **Mantras and Decrees for Personal Transformation – Frank Sarlo**
- 2:30 pm**            **Presentation:**  
**The Sangha of the Buddha**  
**The Original Mystery School in the Garden of Eden**  
– Carla Healy  
*For tens of thousands of years, the ascended masters have established mystery schools where their students can gather around them in community—the sangha. What happened to the first mystery school on Lemuria? What was the test that was not passed? Will that test come to us again? What transpired in other mystery schools of the Great White Brotherhood over the ages?*
- 3:25 pm**            **Break**
- 3:30 pm**            **Presentation:**  
**The Path of Initiation and the Ascension**  
-- Martha M. Libster  
*The destiny of every person is to blend in cosmic unity with the heart of the Eternal, the I AM that I AM. This is the path of the ascension. The goal of those who are on the ascending spiral of being is the perfection of the I Am Presence. To accept perfection not only as the goal of life but as the law of life is to enter the path of initiation. This course highlights essential resources, meditations, and mantras from Ascended Masters’ teachings.*
- 4:25 pm**            **Break**
- 4:35 pm**            ***Special Teaching of the Ascended Masters***  
**A Dictation by Jesus Christ**  
**“The Mystery School of Lord Maitreya”**  
**Ascension Day Address 1984**  
Delivered by the Messenger Elizabeth Clare Prophet, May 31, 1984  
*Pearls of Wisdom*®, vol. 27, no. 36, July 8, 1984
- Wednesday Evening**
- 5:30 pm**            **Dinner Break**
- 7:00 pm**            **Special Healing Service:**  
**Teachings on Healing Dispensations from the Ascended Masters and Decrees and Prayers for Your Personal Healing**  
-- Deirdre Burrell  
*Learn how to utilize the gifts of the ascended masters for healing and for removing the effects of drugs, alcohol, trauma and mental emotional and physical pain in your body, mind, and spirit.*

- 8:00 pm**            **Break**
- 8:15 pm**            **Presentation:**  
**Mastering the Four Lower Bodies: How Gautama Buddha Passed the Test of the Mother Under the Bo Tree**  
 -- Carla Healy and Sherrie Cameron  
*The four lower bodies are the bodies of the Mother. When Gautama Buddha sat under the Bo Tree, he was being tested by Mara in each of his four lower bodies. Gautama came forth victorious. Will this test come to us? How can we pass it?*
- 9:15 pm**            **Concluding Comments**
- 9:30 pm**            **Evening Prayer and Closing of the Session**

**Thursday, July 1**

- 2:00 pm**            **Mantras and Decrees for Personal Transformation – David Brewer**
- 2:30 pm**            **Presentation:**  
**The Five Dhyani Buddhas, The Five Wisdoms and the Five Secret Rays**  
 -- Jean Bernard Charles  
*The Five Dhyani Buddhas focus the five secret rays within the white fire core of being. Each one embodies one of the five wisdoms. They antidote the five deadly poisons that are of ultimate danger to man’s spiritual progress and keep him tied to worldly existence. Buddhists teach that the Dhyani Buddhas are able to transmute the five poisons with their transcendent Wisdoms. Learn how to open the door and enter into the chambers of the Five Dhyani Buddhas.*
- 3:20 pm**            **Break**
- 3:30 pm**            **Darshan with the Messenger, Elizabeth Clare Prophet –**  
**The Love of the Guru and the Chela – Part 1, July 2, 1977 (excerpt)**  
*The relationship between the guru and chela is the most sacred outside of that of twin flames and with one’s I AM Presence. Elizabeth Clare Prophet explains how the guru initiates the chela to accelerate him out the human consciousness into the Christ consciousness. The ultimate goal is for the chela to become the guru.*
- 4:30 pm**            **Special Teaching of the Ascended Masters**  
**A Dictation by Lord Maitreya**  
**“The Kneading of the Dough, The Living Guru as the Fountain of the Water of Life, The Leap of Faith”**  
 Delivered by the Messenger Elizabeth Clare Prophet, July 4, 1989  
*Pearls of Wisdom®*, vol. 32, no. 37, September 10, 1989

## Thursday Evening

5:30 pm      **Dinner Break**

7:00 pm      **Presentation:**  
**The Path of Heart: Guarding the Heart with Archangel Michael**

-- Deirdre Burrell

*The heart chakra is the seat of our Christhood and is very sensitive. Some of us have desensitized our heart to protect ourselves from the pain and hurts along life's way. However, this also prevents us from being sensitive to Spirit. We can enlist Archangel Michael to seal and protect our hearts from the harshness of life and protect those whom we love.*

8:00 pm      **Break**

8:15 pm      ***Special Teaching of the Ascended Masters***

**A Dictation by Archangel Michael**

**"We Shall Have the Victory!**

**They Shall Not Pass, in the Name of Almighty God!"**

Delivered by the Messenger Elizabeth Clare Prophet, April 5, 1985  
*Pearls of Wisdom*®, vol.28, no. 20, May 19, 1985 (on handouts page)

9:00 pm      **Questions and Answers**

9:30 pm      **Evening Prayer and Closing of the Session**

<b>Friday, July 2</b>
-----------------------

## Omri-Tas Day

11:00 am      **Yoga with Yana Thompson**

11:30 am      **Presentation:**  
**The Cosmic Clock – The Gift of Mother Mary to Chart Our Tests and Initiations**  
**Part 2**

-- Jane Hohmann

*The Cosmic Clock is the science of charting the cycles of the soul's karma and initiations on the twelve lines of the clock under the twelve solar hierarchies that correspond to the twelve astrological signs. This presentation is a follow-up to previous teachings and contains new information. The Cosmic Clock is an invaluable tool for everyone.*

12:30 pm      **Lunch Break**

## Friday Afternoon

**2:00 pm**            **Mantras and Decrees for Personal Transformation – David Brewer**

**2:30 pm**            **Presentation:**  
**The Mystery of the Violet Transmuting Flame**

-- Paula Kehoe

*Discover more about the master Saint Germain and the spiritual dispensation of the violet transmuting flame. This spiritual energy is the key to your acceleration on the spiritual path in our time. Experience the joy of the violet singing flame and the liberty of soul freedom.*

**3:20 pm**            **Break**

**3:30 pm**            **Presentation:**  
**The Story of Twins Flames on the Path of Initiation:**  
**How to Unite with Your Twin Flame**

-- Mary Anne Drew

*We have all experienced the longing for the perfect mate. This comes from our inner knowing that there exists somewhere in cosmos (and maybe right next to us) our perfect counterpart—the one soul who shares the same unique divine blueprint. What do the masters teach on this unique relationship? How do we unite with that one to fulfill the mission we both chose when we were created in the heart of God?*

**4:30 pm**            ***Special Teaching of the Ascended Masters***

**A Dictation by Lord Maitreya**

**“The Mission of Jesus Christ - The Redemption of Twin Flames at Maitreya’s Mystery School - I and My Father Are One!”**

Delivered by the Messenger Elizabeth Clare Prophet, July 2, 1984

*Pearls of Wisdom*®, vol. 27, no. 47a, September 26, 1984

**Crown Chakra Blessing with the Messenger’s Topaz Ring – In-Person Only**

## Friday Evening

**5:30 pm**            **Dinner Break**

**7:00 pm**            **Presentation:**  
**Overcoming the Enemy Within:**  
**Forces that Move Against the Guru Chela Relationship**

-- Valerie McBride

*What does Luke Skywalker from Star Wars have to do with overcoming the enemy within? Discover the ascended masters’ teachings and a special decree to challenge those forces that attempt to thwart you on your spiritual path.*

- 8:00 pm**            **Break**
- 8:15 pm**            **Presentation:**  
**The Path of the Divine Mother:**  
**The Way to the Heart of Maitreya and Our Own Self-Mastery**  
**Includes “The Love of the Guru and Chela” Part 2 by Elizabeth Clare**  
**Prophet, July 2, 1977**  
 -- Carla Healy  
*To approach the heart of a Buddha or Maitreya we must first make peace with and fall in love with the Divine Mother. She teaches us the how-to path of chelaship and discipleship under the ascended masters. Experience her profound wisdom and mantras for the raising of the Mother Light from the base of the spine to the crown chakra.*
- 9:25 pm**            **Concluding Comments**
- 9:30 pm**            **Evening Prayer and Closing of the Session**

**Saturday July 3**

**Omri-Tas Day**

- 9:00 am**            **Mantras and Decrees for Personal Transformation – Roger Bennett**
- 9:30 am**            **Presentation:**  
**How to Gain the Greatest Benefit from the Ritual of Soul Retrieval**  
 -- Stewart Anderson  
*Soul Retrieval is held only at our quarterly conferences. It is led by Elizabeth Clare Prophet on video and is an opportunity to magnetize back to the seat-of-the-soul chakra the lost fragments of your soul and to help you attain Christ wholeness.*
- 10:10 am**            **Quarterly Ritual of Soul Retrieval**  
**Led by the Messenger Elizabeth Clare Prophet (on video)**
- 11:50 am**            ***Special Teaching of the Ascended Masters***  
**A Dictation by Beloved Rose of Light**  
**“The Call to the Practice of Love**  
**Love Is the Dividing of the Way Twixt the Human and the Divine”**  
 Delivered by Elizabeth Clare, June 29, 1990  
*Pearls of Wisdom®*, vol. 33, no. 22, June 10, 1990
- 12:30 pm**            **Lunch Break**

## Saturday Afternoon

- 2:00 pm**            **Presentation:**  
**The Path of Heart:**  
**Healing the Heart to Be Able to Give and Receive More Love**  
-- Valerie McBride  
*Have you ever had a broken heart or been hurt deeply by someone you love? Do you have trouble forgiving? Discover the ascended masters' secrets about how to heal your heart and bring more love into your life.*
- 3:00 pm**            **Break**
- 3:15 pm**            **Darshan with the Messenger Mark Prophet, "The Meaning of Freedom" July 1, 1966** - With Special Guests, Terry Canady, singing "I Shook Lanello's Hand" and Joseph Macchio
- 4:10 pm**            **Break**
- 4:25 pm**            *Special Teaching of the Ascended Masters*  
**Dictation: Goddess of Freedom**  
**"Releasing the Flame of Freedom**  
**Enshrined in the Capitals of the Nations"**  
Delivered by Elizabeth Clare Prophet, June 30, 1976  
*Pearls of Wisdom*®, vol. 44, nos. 20 and 21, May 20 and 27, 2001

## Saturday Evening

- 5:30 pm**            **Dinner Break**
- 7:00 pm**            **Saint Germain Service for World Freedom**  
*Experience the power of the Science of the Spoken Word and the joy of the violet flame in a service dedicated to personal and world transformation.*
- 8:00 pm**            **Break**
- 8:15 pm**            **Presentation:**  
**The Path of the Heart:**  
**The Science of the Figure-Eight Flow Between the Master and Disciple**  
-- Carla Healy  
*Elizabeth Clare Prophet teaches the exact science of the flow of spiritual energy to us through the sacred heart of Mother Mary or any other ascended master. When we practice that science, we partake of the master's consciousness.*
- 9:15 pm**            **Concluding Comments**
- 9:30 pm**            **Evening Prayer and Closing of the Session**



## Sunday, July 4

- 9:00 am**            **Mantras and Decrees for Personal Transformation** – David Brewer
- 9:30 am**            **Presentation:**  
**May You Pass Every Test**  
-- Deirdre Burrell  
*What is a test and how does it relate to the path of initiation? Saint Germain offers keys to passing our tests in life and on the spiritual path.*
- 10:20 am**            **Break**
- 10:30 am**            **Presentation:**  
**Keys to Fulfilling Your Dharma:**  
**Celebrating Freedom and the Dharma of Saint Germain**  
-- Carla Healy  
*Our dharma is our duty to be who we really are and to fulfill our reason for being. To do that we must be free! Saint Germain, Lord or Master of the Seventh Ray, is known as the God of Freedom. In his incarnations revealed to us by the Messengers we see him evolving the dharma of Freedom over many lifetimes. How did he do it? We can do the same, for what one can do all can do.*
- 11:30 am**            **Blessing of Petitions to the Karmic Board**  
*Special Teaching of the Ascended Masters*  
**A Dictation by Saint Germain**  
**“Let the Sparks of Freedom Fly to the Inner Retreat—The Place of Great Encounters”**  
Delivered by the Messenger Elizabeth Clare Prophet, July 4, 1981  
*Pearls of Wisdom®*, vol. 24, no. 34, August 23, 1981
- Blessing of the Heart Chakra and the Third Eye Chakra with the Messenger’s Ruby and Emerald Focuses.**  
(This event is for in-person attendees only.)
- Closing of the Essentials Seminar**

*Thank you and bless you for your attendance!*

## July 4<sup>th</sup> In-Person Activities

1:15 pm	Fourth of July Picnic and Outdoor Activities
3:30 pm	Parade of the Nations
5:30 pm	Sealing of the Conference
5:30 pm	Dinner Break
7:00 pm	Violet Flame Waltz for Freedom



The Summit Lighthouse®, 63 Summit Way, Gardiner, MT 59030

1-800-245-5445 • + 1 406-848-9500

[www.SummitLighthouse.org](http://www.SummitLighthouse.org) • e-mail: [TSLinfo@TSL.org](mailto:TSLinfo@TSL.org)

We reserve the right to refuse admittance to anyone or to dismiss anyone from  
The Summit Lighthouse® property.

Copyright © 2021 The Summit Lighthouse, Inc. All rights reserved.

Pearls of Wisdom®, Church Universal and Triumphant®, Keepers of the Flame®, Science of the Spoken  
Word®, Teachings of the Ascended Masters®, The Summit Lighthouse®, Summit University®, The Summit  
Lighthouse® logo, and the Threefold Flame® logo(s) are trademarks registered in the U.S. Patent and  
Trademark Office and in other countries. All rights to their use are reserved.